

CaringAI Cognitive Assessment Report

Structured telephone-based cognitive, functional, and behavioral assessment

Patient Details

Patient Demonstration Patient 001	Age 74	Assessment date August 15, 2026	Report generated August 15, 2026
Assessment method CaringAI automated telephone assessment	Respondent Patient self-report	Referral context Cognitive assessment requested before neurology follow-up	

Clinical Assessment Summary

COGNITIVE SCREENING RESULT

Above threshold for concern

6CIT: 13/28 error points

Higher scores indicate greater cognitive concern.

Reference threshold for concern: ≥8 error points.

Overall interpretation: Elevated concern for cognitive impairment

The 6CIT score was above the reference threshold for cognitive concern. Task-level findings included difficulty with orientation, delayed recall, working memory, abstraction, sentence repetition, and verbal fluency, with comparatively stronger recognition.

Results at a Glance

6CIT

13/28 error points

Elevated cognitive concern
Higher scores indicate greater cognitive concern.

Instrumental activities

7/8 independent

Assistance reported with transportation
Count of activities reported as independent.

GDS-4

0/4

Negative brief depression screen
Higher scores indicate greater symptom burden.

GAD-2

0/6

Negative brief anxiety screen
Higher scores indicate greater symptom burden.

Cognitive Task Summary

Cognitive area	Supporting tasks	Task-level finding
Orientation	6CIT orientation items	Concern identified
Attention and working memory	Counting backward, months backward, digit span	Variable performance; difficulty on two tasks
Memory	Delayed address recall and recognition	Reduced delayed recall with stronger recognition
Language and verbal retrieval	Sentence repetition and animal fluency	Some difficulty observed
Abstract reasoning	Abstraction task	Difficulty observed

Visuospatial construction was not assessed in the telephone protocol.

Cognitive Assessment Results

Six-Item Cognitive Impairment Test

13/28

Total error points

Elevated concern

Interpretation

Automated telephone

Administration method

Completed

Completion status

6CIT items use weighted error points; higher scores indicate greater cognitive concern. Reference threshold for concern: ≥8 error points. The 6CIT is a brief cognitive screening instrument assessing orientation, attention, and memory-related performance.

Task	Raw performance	Error points
Orientation to year, month, and day of week	Year and month correct; day of week incorrect	3 of 10
Counting backward from 20 to 1	Completed with no errors	0 of 4
Months of the year in reverse	More than one error	4 of 4
Delayed address recall (five components)	2 of 5 components recalled	6 of 10

Supplemental Cognitive Tasks

Supplemental tasks report observable performance and task-specific derived error points. Higher derived error scores indicate greater concern; no composite supplemental score is calculated.

Task	Raw performance	Derived score	Task-level observation
Recognition	2 of 2 correct	0/2 error points	No concern identified
Abstraction	0 of 2 correct	2/2 error points	Difficulty observed
Digit span backward	0 of 2 sequences correct	2/2 error points	Difficulty observed
Sentence repetition	1 of 2 correct	1/2 error points	Some difficulty observed
Animal fluency	8 animals in 60 seconds	2/2 error points	Below expected performance

Administration Quality

Assessment completed

Yes

Significant interruption

No

Hearing or connection concern reported

No

Interpreter used

No

Results considered interpretable

Yes

Instrumental Activities of Daily Living

Patient-reported functional status

Activity	Patient-reported status
Telephone use	Independent
Shopping	Independent
Food preparation	Independent
Housekeeping	Independent
Laundry	Independent
Medication management	Independent
Financial management	Independent
Transportation	Requires assistance

7 of 8

Activities reported independent

The patient reported independence in seven of eight assessed instrumental activities. Assistance was reported with transportation; the reason was not assessed during this administration.

Depression and Anxiety Screening

SCORE

0/4

GDS-4

Negative brief screen

Higher scores indicate greater symptom burden.

SCORE

0/6

GAD-2

Negative brief screen

Higher scores indicate greater symptom burden.

Brief depression and anxiety screens were negative.

Clinical Follow-Up Considerations

- Confirm the onset and course of cognitive change, including prior baseline and collateral history.
- Clarify the reason assistance is required with transportation.
- Review medications and potentially reversible contributors, and correlate results with other diagnostic information as clinically appropriate.